



Holy Communion

The Lord be with you
and also with you.

**Almighty God,
to whom all hearts are open,
all desires known, and from
whom no secrets are hidden:
cleanse the thoughts of our
hearts by the inspiration of your
Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy
name;
through Christ our Lord. Amen.**

Our Lord Jesus Christ said:
The first commandment is this: 'Hear, O
Israel, the Lord our God is the only Lord.
You shall love the Lord your God with all
your heart, with all your soul, with all your
mind, and with all your strength.'
The second is this: 'Love your neighbour
as yourself.'
There is no other commandment greater
than these.
On these two commandments hang all
the law and the prophets.

Let us confess our sins in penitence and
faith, firmly resolved to keep God's
commandments and to live in love and
peace with all.

Lord, have mercy.

Lord, have mercy.

Let us pause now for a few moments and
reflect how we have not loved God with
our whole heart. (*Pause ...*)

Christ, have mercy.

Christ, have mercy.

Let us pause again for a few moments
and reflect how we have not loved our
neighbours as ourselves. (*Pause ...*)

Lord, have mercy.

Lord, have mercy.

May the God of love and power forgive
you and free you from your sins, heal and
strengthen you by his Spirit, and raise you
to new life in Christ our Lord. **Amen.**

The Collect

Hear the Gospel of our Lord Jesus Christ
according to *N.*

Glory to you, O Lord.

Gospel reading

This is the Gospel of the Lord.

Praise to you, O Christ.

Sermon

Let us affirm our faith in Jesus Christ the
Son of God.

**Though he was divine, he did not
cling to equality with God,
but made himself nothing.
Taking the form of a slave,
he was born in human likeness.**

**He humbled himself
and was obedient to death,
even the death of the cross.
Therefore God has raised him on
high, and given him the name
above every name:
that at the name of Jesus
every knee should bow,
and every voice proclaim that
Jesus Christ is Lord,
to the glory of God the Father.
Amen.**

cf Philippians 2.6-11

The Lord is here.

His Spirit is with us.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

**It is right to give thanks and
praise.**

It is right to praise you, Father, Lord of all
creation;

in your love you made us for yourself.

When we turned away you did not reject
us, but came to meet us in your Son.

**You embraced us as your children
and welcomed us to sit and eat
with you.**

In Christ you shared our life
that we might live in him and he in us.

**He opened his arms of love upon
the cross and made for all the
perfect sacrifice for sin.**

On the night he was betrayed,

at supper with his friends
he took bread, and gave you thanks;
he broke it and gave it to them, saying:
Take, eat; this is my body which is given
for you; do this in remembrance of me.

**Father, we do this in
remembrance of him:**

his body is the bread of life.

At the end of supper, taking the cup of
wine, he gave you thanks, and said:
Drink this, all of you; this is my blood of
the new covenant, which is shed for you
for the forgiveness of sins;
do this in remembrance of me.

**Father, we do this in
remembrance of him:**

his blood is shed for all.

As we proclaim his death and celebrate
his rising in glory, send your Holy Spirit
that this bread and this wine may be to us
the body and blood of your dear Son.

**As we eat and drink these holy
gifts, make us one in Christ, our
risen Lord.**

With your whole Church throughout the
world, we offer you this sacrifice of praise
and lift our voice to join the eternal song
of heaven:

**Holy, holy, holy Lord,
God of power and might,
Heaven and earth are full of your
glory. Hosanna in the highest.**

As our Saviour taught us, so we pray
Our Father in heaven,

**hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive
those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever. Amen.**

The president breaks the bread

Every time we eat this bread and drink
this cup, **we proclaim the Lord's
death until he comes.**

Jesus is the Lamb of God who takes
away the sin of the world. Blessed are
those who are called to his supper.

**Lord, I am not worthy to receive
you, but only say the word, and I
shall be healed.**

*Please use the time to pray, while the
bread and wine are brought round
We invite you not to eat or drink
before the following:*

Some words from the book of Revelation:
"Listen! I am standing at the door,
knocking; if you hear my voice and open
the door, I will come in to you and eat with
you, and you with me." (Revelation 3:20)

If you are not today receiving this bread
or this wine, please join me in this prayer:
Loving Jesus,
although today I am not receiving you
sacramentally through bread and wine,
please enter my heart spiritually, heal my
wounds, and fill me with your life. **Amen.**

If you are today receiving this bread or
this wine, then:
The body of Christ and the blood of Christ
keep you in eternal life. **Amen.**

Let us enjoy our Communion, spiritual
and sacramental, with the Lord and with
each other (*Pause ...*)

**Father of all,
we give you thanks and praise,
that when we were still far off
you met us in your Son and
brought us home.
Dying and living, he declared your
love, gave us grace, and opened
the gate of glory.
May we whom the Spirit lights
give light to the world.
Through Christ our Lord. Amen.**

The blessing

Go in the peace of Christ.
Thanks be to God.